

Change is something all of us have in common. We all want it, but for some reason it seems to be allusive. The Bible says a lot about change. Particularly that we cannot change. Yes, we may be able to change superficially, but true change doesn't happen apart from God's work in our lives.

Icebreaker: What is one major change you or your family have gone through in the past year?

1. In our current world, change seems to be something that happens quite frequently. Do you think Americans are addicted to change? Explain.
2. Give an instance where you experienced change as a healthy thing in your life? How can change be unhealthy?
3. Read Mark 5:25-34. The woman in the story tries over and over to find healing of her disease. As a result, she spends a ton of money trying to be cured, but in the end finds herself in a worse situation. What is your natural tendency towards solving a problem? (money, work, ignore, pity, etc.)
 - a. What led this woman to touch the garment of Jesus?
 - b. Why do you think Jesus asked who touched him, as if he didn't know?
 - c. Vs. 34 says that Jesus healed her of her disease. The actual word in the Greek means that she was and will continue to be made whole of her disease. What is the significance of Jesus' making this statement to this woman?
 - d. Quietly pause and ask God to reveal somewhere in your life that you need him to make you whole.
4. Read Proverbs 3:5-6. What do you think is meant by trusting God with all your heart? Why is this so hard to do?
 - a. How do you define acknowledge? If you are married, how do you acknowledge your spouse? Is there a similarity?
 - b. If we trust and acknowledge God He promises to make our paths straight. What do you think this looks like in life? How does that make you feel?
 - c. How does someone consistently acknowledge God's role in their life?
 - d. How do you consistently learn to trust God even in the face of disappointment?

Prep for next week: Has God ever told you No about something? How did that make you feel? Read 2 Corinthians 12:7-10. Write down any interesting observations you find in the verse.

PRAY
